



# Vicks VapoRub ointment

Camphor 5% w/w, Turpentine oil 5% w/w,  
Levomenthol 2.75% w/w, Eucalyptus oil 1.5% w/w

## Patient information leaflet

In this leaflet:

1. What Vicks VapoRub is and what it is used for
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**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to use Vicks VapoRub carefully to get the best results from it.

- **Keep this leaflet.** You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must contact a doctor if your symptoms worsen or do not improve.

## 1. What Vicks VapoRub is and what it is used for

Vicks VapoRub is an ointment which is used to relieve nasal catarrh (inflammation of mucous membranes in the nose and throat), congestion (a blocked nose), sore throat and coughs due to colds. Vicks VapoRub contains four active ingredients: Camphor, Turpentine oil, Levomenthol and Eucalyptus oil.

- Levomenthol and camphor calm a cough
- Eucalyptus oil and Levomenthol relieve nasal congestion (blocked nose)
- Eucalyptus oil relieves catarrh

## 2. Before you use Vicks VapoRub

**Do not use Vicks VapoRub:**

- if you are allergic to any of the actives or other ingredients (see section 6)
- on children under 2 years
- as an inhalation for children under 12 years
- on broken skin, wounds or mucous membranes
- swallow or apply directly onto the nostrils, eyes, mouth or face

Do not bandage tightly.

Do not use with heat wrap.

**Take special care with Vicks VapoRub**

Talk to your doctor or pharmacist before taking this medicine if you:

- have a history of airway disease or asthma

**Pregnancy and breast-feeding**

If you are pregnant, ask your doctor or pharmacist for advice before using Vicks VapoRub. Vicks VapoRub should not be used on the mother's chest during breast-feeding as there is a very low chance that the baby's breathing may be affected. →